



SUCCESS!!

My first visit was only on 6/21/22. Now on 8/31/22 it seems so long ago because so many positive health and lifestyle changes have already happened for me.

In the past, friends had encouraged me to try chiropractic care for my continuous pain levels. After broken ankle and pacemaker surgeries that had complications, my life became a long, slow journey through nursing home rehab, home therapy, and medication problems. Pain, imbalance, and falls finally took us to Mayo Clinic for assessment. Making some suggested changes helped, but the pain continued. I had always been scared to have anyone touch my spine for adjustments because I was diagnosed with S-curve scoliosis just before JHS. In early 1960 my orthopedic doctor used a 4-year plan to stop my spine from bending further: 8th grade-freshman year wearing upper body plaster casting, then sophomore-junior years wearing a tightly laced leather brace with steel vertical strips. By treatment release at age 17 I weighted only 89 lbs. My doctor warned me to never have spinal manipulations, so I never did until 59 years later! I finally gave up trying to only use medical approaches to resolve pain that has also included a long peripheral neuropathy history in my hands and feet. Now I'm so glad to be experiencing upper cervical focused yet gentle adjustments that carefully align the cartilage parts of my spine.

I understand now that if I feel pain somewhere, my spine may be out of alignment causing a nerve to get pinched there. When a nerve is pinched, brain messages flowing through it are stopped from reaching their destination points also. I'm trying hard to learn more about how the body works. Only God could have created such a beautiful, intricate system!

My goal this summer was: to be able to move with less pain.

My reasons were many: walk with out using my walker or holding onto someone, carry out more household chores, drive a car again for local tasks, and finally to be mobile and strong enough to go to Chicago with my sister and then visit my daughter near Milwaukee, WI. My family thought I might require a transport chair to go places, but I didn't!

My hope is: to continue progressing toward more pain free abilities to move more and walk longer distances. I'm ready to experience more of this life's joys again.

Thank you Dr. Sooley for such excellent care and to all his staff for their welcoming and caring professionalism. God bless you as you bless us.

I hereby give my permission to display my success story in the office or publish the same in whole or to summarize its contents in any publications of Sooley Chiropractic, LTD

Signature Linda Kay McGee Date 10/6/2022